Bonalbo Central School

School News
Term 1, Week 6 2015

2014 Dux BCS

Swimming Winners

Dates to Remember
March 6, 2015 – Boys/Girls Soccer Lismore
March 13, 2015 – Primary Assembly, 10:15am
March 16, 2015 – P & C Meeting, 3:30pm
March 19, 2015 – Netball Casino
March 20-22, 2015 – North Coast Canoeing
March 23-31, 2015 – Year 12, 1/2 Yearly Exams
March 23, 2015 – Secondary Cross Country
March 24, 2015 – Snr Citizens concert Com. Hall
March 27, 2015 – Year 7 Vaccinations
April 2, 2015 – Last day of Term 1
April 3, 2015 – Good Friday
April 17 & 18, 2015 – Bonalbo Show

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Assistant Principal Awards

Secondary Basketball

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School Spirit
I’ve never claimed to be a huge sports fan: I’m afraid I’m not a very good Aussie because I don’t watch cricket and I’m not much of a football fan either. However I will admit to getting mildly interested when the Wests Tigers occasionally win a game, especially against Souths. However in spite of only a vague personal interest in sport I do recognise the importance sport plays in the life of a school and how it can lift a school’s spirit and provide the “glue” that holds a small school like ours together. Three sport related things have occurred in the opening weeks of the term that have brought this home to me.

The first is the introduction of the new sports shirts. The P&C and I spent a lot of time working to get approval to introduce these shirts as an item in the official uniform. It might perhaps surprise some parents just how long and involved this process can become. For me the key step was to give the students a say in what shirt they preferred and this was done by presenting them with a range of options and letting them vote. The current shirt was a clear winner and has been a part of the uniform as of the start of this year. However what drew my attention was something one of our primary students said in front of an assembly early in the term. This student was reminding her peers to wear their hats and drink plenty of water and then she said “and remember to wear the cool new sports shirt”. If students own the decision about what their uniform consists of I live in hope that this will make it easier for parents to get their children to wear it. The kids look great in the new shirt and a lot of them seem proud to wear it. That’s a great result all round.

My second sport related event occurred when I took a group of secondary students to play basketball in Lismore a couple of weeks ago. I have a feeling that just about every coach, parent and principal for that matter, will tell young people that the winning doesn’t matter; it’s about how you play and participate. I think we also know that this only partially offsets the disappointment when we don’t win. Our boys and girls teams won one of their games and showed a lot of spirit in the way they went down in the other games. They played hard, fair and never gave up and I for one was extremely proud of them and proud to be with them on the day.

My third and final “sports moment” came last week when our swimmers came back from Woodenbong having performed brilliantly in the UCPSSA swimming carnival. Individual students from our school won their races and were named age champion however for me the real achievement was the reports I got from Ms Ludwig regarding how all the students participated enthusiastically and never stopped trying. Just as in the case of the basketballers, the spirit of our kids shone through.

All of those who participated in these events demonstrate the outstanding qualities of the students at our school. We should all be very proud of them.

Mr Trevor Hodges
Principal

"Talent wins games, but teamwork and intelligence wins championships.” – Michael Jordan

It’s hard to believe that we’re already half way through Term 1 and students and staff have settled in well despite the recent weather! During this time, I’ve had the good fortune to attend functions which showcase and reward students’ academic, cultural and sporting achievements. It was very pleasing to attend the SRC induction ceremony which also involved the presentation of our 2014 dux, Courtney Stubbings. In her address to students, staff and parents Courtney reinforced the fact that her success was due to her own hard work but also acknowledged the important part played in her achievement by school staff and her family. It is worth noting, that being part of a cohesive team is important to our individual achievements as well as our success as a school. Congratulations to Courtney and also to the incoming student leadership team.

The Primary school assembly, presented by our 4/5/6 class, also celebrated student achievement across many areas of school life. It was very pleasing to be able to present awards to students and it was equally pleasing to share this experience with so many parents, relatives and carers. Educational research tells us that students and schools thrive when parents and carers are actively involved in the school and when parents and schools work in partnership to support learning and encourage student progress. With this in mind, I’d like to encourage parents and carers to attend the next P&C meeting which will be held at the school on 16th March at 3:30pm.

Congratulations and thank you to the staff who contributed to these and other whole school functions in which we celebrate student achievement.

Ms Desiree Moore
Relieving Deputy Principal
Term One is now well underway, with students settling into their new classes and routines. Everyone looks fantastic in their school uniforms, so a big thank you to parents for ensuring your children come to school looking smart and ready to learn. The Sports uniform, which is worn on Fridays and to any other sporting functions has been a great success. New uniforms are available at the front office, otherwise, there are second hand uniforms in the Primary, for a gold coin donation.

Students held their SRC elections last week. Congratulations to Brad, Kirah, Liam, Caroline, Maryanne, Cameron and Arna.

Well done to all those students who attended the UCPSSA Swimming at Woodenbong. Bonalbo performed extremely well, with Brad, Caroline and Lilly all winning Age Champions. Brad, Caroline, Lilly and Maryanne also won the relay, meaning these students have gone on to swim in the Zone Championships in Lismore. This has resulted in Caroline (Individual Freestyle) and the Relay Team once again winning, and going on to the Regional Championships. This has been a huge effort, and we are very proud of these students. We wish them all the best for the Regionals.

Please remember to fill in and return the student information note if you have not already done so. Any change of routine, ring the front office and let us know so as we can deal with it appropriately.

Unfortunately the wet weather resulted in the Primary Assembly being postponed on Friday 20th February, to Friday 27th February. Assemblies are a great opportunity for parents to come in to the school, and celebrate their child’s achievements, plus have a chance for an informal catch up with the teachers at the morning tea. The next assembly will be held on Friday 13th March, in the 1/2/3 room. Everyone is very welcome to come along and enjoy the morning, and we are looking forward to seeing you.

Primary Staff

Year 1 Parents. Support is welcomed Monday to Thursday between 10.00am and 10.50 am with literacy. Please contact Ms Ludwig or Mrs Taikakara.

Fruit is universally liked, sweet, enjoyable, and a good substitute for children who do not like vegetables. Fruit is nutritious and refreshing, and remember – whole fruit contains more fibre than juice. Australian Nutrition Foundation.

1/2/3 Food Technology
Practical lessons are each Thursday so students need to bring an apron, two tea towels (one for drying hands and one for drying dishes) and a dishcloth and wear covered shoes to participate. Hair needs to be tied up. Vege Burgers; Chocolaty Fruit balls and hummus with vegetables sticks have been prepared over the past few weeks.

S.Taikakara

7/8 Design and Technology (Textiles)
Students are cutting out the aprons they designed that will be worn for food preparation lessons next term. A display folder and USB are also required.

9/10 Food Technology
For the Eating Well, Living Well lessons over the last few weeks students have prepared pizza, Coconut Mango Chicken and Lasagne and Pineapple Frappes. Practical lessons are each Friday so students need to bring an apron, two tea towels, and a dishcloth and wear covered shoes to participate. A display folder and USB drive are also required.

CWA Land Cooking Competition.
Congratulation to the following students who won first and second places in the Far North Coast CWA Land Cooking Competition Bangalow representing the Bonalbo Branch:
Whole Orange Cake – 2nd – Teal
Gluten Free Caramel and Almond Slice – 1st – Jessica
Marble Cake – Tamykah
Zebra Cake – Tabatha
Donna Latter Memorial Chocolate Cake – Emily
Moroccan Tomato Relish – Sarah
Sultana cake – 1st – Mrs Taikakara

Jessica will go on to represent the Far North Coast at the state final in May.

11/12 Hospitality
Year 11 students are currently organising work placements and they are completing work ready certificates online. ‘Prepare and serve non-alcoholic beverages’ is being completed this term. Practical lessons are on Tuesdays but some are scheduled for Monday as well. To participate students need their hospitality uniform, black leather shoes, 2 tea towels and a dishcloth. A display folder and USB drive are also required. Students ‘Agreement for Hire of Hospitality
Equipment and Uniform’ is due back once parents or carers have signed it.

Old Food and Textiles magazines
Please leave old food and fashion magazines at the front office to be used in Food Technology and Textile classes. Thank you.

S. Taikakara

**Are you having trouble hearing?**

To Book a free hearing check today at:
Bonalbo Pharmacy
10 Sandilands Street

02 6665 1221
Wednesday 15th April, 2015
10am to 12.30pm

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**Bedwetting**

A DVD based program, Bedwetting Cured, has been developed by Dr Mark Condon, and Physiotherapist, Margaret O’Donovan. It outlines a successful program for parents to implement at home with their children.

For more information and a free Bedwetting Fact Sheet please visit the website:
www.bedwettinginstitute.com.au

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**87th ANNUAL**

**BONALBO SHOW**

17th & 18th APRIL 2015

HORSES, CATTLE, POULTRY, WORKING DOGS, PAVILION

REFRESHMENT STALLS – BOOTHs

LUNCHEON PAVILION - BBQ

Featuring Light Horse Regiment
Celebrating the Centenary of the Anzac


Free Jumping Castle